

Tennis Camps at Westmonte Recreation Center

SPRING BREAK CAMP

Date: April 5 - April 9
Time: 9am to 12pm
Ages: 6 thru 16
Cost: \$150 per week
\$40 per day
\$30 per 1/2 day

Born to
play tennis...



SUMMER CAMP

Date: June 14 - August 13
Time: 9am to 4pm
Cost: \$150 per week
**Special first & last week \$120*

Please register online for camps.
If you have any questions e-mail:
info@cfltennis.com
or call 407-486-0024.

altamonte sports & programs
624 Bills Lane
Altamonte Springs, FL 32714



Altamonte Sports & Programs

presents...**2010**

Central Florida Tennis Academy



Youth & Adult
ALL LEVELS

Westmonte Recreation Center
&
Eastmonte Recreation Center

USPTA Certified


www.altamontesports.org

2010 Youth Classes

Introductory Junior Training

This program is designed for children who have never played tennis before. The program teaches basic tennis strokes and knowledge of tennis.

Days: Thursday
Time: 4:30pm - 5:30pm
Cost: 1 day/week \$35 (6-week session)

After School Junior Training

This program is a step up from the Introductory Junior Training and continues to teach basic tennis. With the disciplined learning process, the children will learn to respect, to focus, and build their confidence.

Days: Monday, Wednesday & Friday
Time: 4:30pm - 5:30pm
Cost: 1 day/week \$65 (6-week session)
 2 day/week \$110 (6-week session)
 3 day/week \$145 (6-week session)

Competitive Junior Training

This program is designed for players with tournament level ability, preparing for high school or tournament play. This highly intensive training includes fundamentals of technique, strategy, tactical movement and mental toughness.

Days: Monday thru Friday
Time: 5:30pm - 7:00pm
Cost: 1 day/week \$90 (6-week session)
 2 day/week \$160 (6-week session)
 3 day/week \$220 (6-week session)
 4 day/week \$220 (6-week session)
 5 day/week \$220 (6-week session)

2010 Youth & Adult Sessions

- Session 1:** January 4 - February 12
- Session 2:** February 22 - April 2
- Spring Camp:** April 5 - April 9
(see back panel)
- Session 3:** April 19 - May 28
- Summer Camp:** June 14 - August 13
(see back panel)
- Session 4:** August 30 - October 8
- Session 5:** October 18 - November 26
- Session 6:** December 6 - December 31
(4-week session)



Register online at: www.CFLTennis.com

altamonte
sports programs
www.altamontesports.org

2010 Adult Classes

Adult Co-ed Tennis Training

This program is designed to coach adult players to advance their tennis games to the next level by teaching basic tennis strokes as well as strategic game plays.

Days: Wednesday & Friday
Time: 7:00pm - 8:00pm
Cost: 1 day/week \$65 (6-week session)
 2 day/week \$110 (6-week session)

Adult CFTA Singles League

Offers three seasons per year open to all levels of play from C to Open Men's and Women's Divisions. The league is conducted in February, June and September with flexible scheduling.

Cost: \$30 per season

Private Lessons available:
 \$25 per half hour
 \$50 per hour
 With "Video Stroke Analysis":
 \$75 per hour

Central Florida Tennis Academy (CFTA) offers a variety of high quality tennis programs at Westmonte/Eastmonte Recreation Centers in Altamonte Springs, FL. For more information contact Driss at 407-486-0024

