

Special Needs Recreation – Summer 2012

Special Needs Activities Coordinator: Ranwa Nin El-khoury, 407-571-8814, Rrel-khoury@altamonte.org

To attend activities, participant must meet the Program Eligibility and complete a Participant Membership Form.
Once form is on file, participant is eligible to show up at events. Select programs require additional registration.
 Additional Registration Includes: (1) Reserve your spot via phone or email (2) Complete/submit additional paperwork and payment
 Please send your reservation to only: 407-571-8814 or rrel-khoury@altamonte.org

STOP TRIPS

Description: STOP Trips (Saturday Time Out for Parents) take place one Saturday a month and are socially, physically and educationally beneficial field trips. Drop off and pick up is at Eastmonte Park.

Cost: Cost: \$3 per person with lunch provided. Financial Assistance Available. *Feel free to send souvenir money for trips*

Additional Registration: Required

You must RSVP on the designated day a week prior to the trip by phone or email. Reservations are taken in the order received. Only one message is required. Space is limited.

Please send your reservation to only:

407-571-8814 or rrel-khoury@altamonte.org

Upcoming Trips:

“Traveling Through History” Visit classic cars at Camp Challenge and tour the Winter Garden Train Museum

Trip Date: April 21 from 9am-4pm RSVP on April 13

30th Annual Channel 6 Softball Game

Trip Date: May 12 from 10am-4pm RSVP on May 4

*STOP Trips resume in September 2012

BOWLING

Description: Practice is held every Monday, excluding city holidays, from 3-5pm at the Altamonte AMF Lanes. Scores are recorded throughout the year and trophies are awarded at a Banquet with participant’s high score. “Pizza Mondays” are held on the last Monday of the month. Pizza will be sold by the slice for \$1.50 each.

Cost: \$2 per game includes shoes.

Additional Registration: None

No Bowling On: Memorial Day (5-28-12), Banquet (6-11-12)

Bowling Banquet: Monday, June 11, 2012 from 6-8pm at Eastmonte.

Invitations to go out in April, RSVP by May 7, 2012. Cost: \$6.00 per bowler & \$6.00 per guest. This event will be catered. Each paid bowler will receive a trophy engraved with his or her high score! Checks can be made payable to: The Advisory Board for the Disabled, Inc.

Special Olympics Advancement: Training scores will be collected for Special Olympics eligibility starting on Monday, June 18. Competitions held in August, September and November.

BALLROOM DANCE

Description: The Orlando Chapter of USA Dance teaches an 8-week workshop on Sundays from 1:30-2:30pm at Lake Brantley South in Fall and Spring.
 *Classes resume in Fall 2011.

SUMMER CAMP

Description: Crafts, field trips, swimming, games, guests & more! Held on Wednesdays: June 6, 13, 20, 27; July 11, 18, 25; Aug 1

Located at Eastmonte Park from 9am-4pm

Cost: \$50.00, Financial Assistance Available. Space is Limited.

Additional Registration: Register between May 7-11.

STEP ONE Reserve your spot beginning on May 7 via phone/email

Please send reservation to only: 407-571-8814 or rrel-khoury@altamonte.org

STEP TWO Submit payment and paperwork within a week of reservation.

Camp fills up quickly, so reserve on time. Contact us for registration paperwork or more information.

SPARKLER’S CHEERLEADING– SEASON 8

Description: The Altamonte Sparklers are an inspirational group of male and female cheerleaders with special needs. Athletes range in ages, and prepare for performances, parades, other community events and local competitions. Volunteer Coaches Needed

*Registration for season 8 will be held in October 2012.

NIGHTBIRD DANCES

Description: Themed dances are held one Friday a month from 7-9pm at Eastmonte Park. Prizes awarded for dance contest winners, costume contest winners & birthdays! Drinks and light snacks will be provided.

Cost: \$2 per participant and \$1 per guest (such as a parent, caregiver, etc.). Bring a canned food item for our Food Pantry.

Additional Registration: None. If you have a group home or a large party, call in advance if you wish to reserve your group a table(s).

Upcoming Dances:

April 13	Country Hoe Down
May 11	Fiesta
June 8	Hawaiian Pool Party (Westmonte Park)
	RAIN OR SHINE. Bring Swim Suits/Towels

*Nightbird Dances resume in September 2012

*Oviedo Parks and Recreation offers dances on alternate evenings. Please visit our website to view their schedule.

BELLY DANCE

Description: Our Special Needs Belly Dancers & family members meet the 2nd and 4th Wednesday of each month at Eastmonte Park to exercise & prepare for performances from 6:30-7:30pm.

Cost: \$15/season. Financial Assistance Available. Family members-free

Additional Registration: None

Practice Dates:

April 11, April 25, May 9, May 23, June 27, July 25, Aug 8, Aug 22

THURSDAY NIGHT OUT

Description: “Thursday Night Out” is held on the 3rd & 4th Thursday of the month at Westmonte Park from 7:30-8:30pm. Programs are designed to allow participants to get together and have some fun!

Cost: \$1.00 with light refreshments provided.

Additional Registration: Reserve spot for cooking classes week prior.

April 19: Karaoke Night	April 26: Cooking Class
May 17: Karaoke Night	May 24: Cooking Class

*Thursday Night Out will resume in September 2011

YOUTH PROGRAMS

BAMBINO BUDDY BALL

Description: This division encompasses players ages 5-20 who are either physically and/or mentally challenged. This baseball league makes allowance for a “buddy” to help the player swing a bat, round the bases, catch a ball, etc. Athlete leadership positions available.

Cost: Free **Additional Registration:** Contact Sarah Reece at 407-463-2504, sarah.reece@orhs.org, http://cfbuddyball.baberuthonline.com

SWIM LESSONS

Description: We now offer swim lessons geared toward individuals with special needs ages 3 and up. Sessions are designed to meet the needs of each individual by offering (8) 15-minute classes with 1:1 instruction (1 swimmer to 1 instructor). Classes are held M-Th for two weeks in a time slot between 6pm-6:45pm. Select your time slot when registering.

Cost: \$40/session for residents and \$55/session for non-residents. Financial Assistance Available. Space is Limited.

Additional Registration: Register Online at www.ASRecreation.org

Session Dates:

Session 1: May 14 - May 24	Registration opens: May 7 at 9:00am
Session 2: June 4 - June 14	Registration opens: May 29 at 9:00am
Session 3: June 25 - July 5	Registration opens: June 18 at 9:00am
Session 4: July 16 - July 26	Registration opens: July 9 at 9:00am
Session 5: August 13 - August 23	Registration opens: August 6 at 9:00am

ANNUAL PARTICIPANT MEMBERSHIP FORMS

These must be on file for participants to take part in our activities. Forms are renewed annually and do not need a doctors signature, but can be completed by the parent or guardian. Forms are available on our website or can be mailed to you.

CHECK US OUT ONLINE

Visit the Advisory Board website for information on our programs and/or updates. There you can find schedules, registrations forms, & lots more! www.AdvisoryBoardforDisabled.org or www.AltamonteSports.org

View our event photos and announcements online at: www.Facebook.com/AltamonteSpringsSpecialPopulation

E-NEWSLETTER

Our E-newsletter comes out monthly with reminders about all our activities and events, as well as any updates.

To sign up, please e-mail us at Rrel-khoury@altamonte.org

PROGRAM ELIGIBILITY

Participants with special needs must meet the following criteria to take part in programs. If they are unable to do so, participant is welcome to attend programs, but must provide their own assistant for supervision (such as a family member, companion, etc.)

- Age 13 and over (with exception to select specially designed youth programs)
- Be able to function in a group structure (1 staff member/volunteer per 5 participants)
- Capable of participation in group activities
- Have independent bathroom skills
- Be able to follow basic instructions

NEXT NEWSLETTER

Look out for our next newsletter in mid-August 2012 with information on our fall activities.

CITY OF ALTAMONTE SPRINGS SPECIAL NEEDS RECREATION 2012 SUMMER NEWSLETTER

The City of Altamonte Springs - Special Community Services and the Advisory Board for the Disabled, Inc. provide social and recreational activities at a minimal cost to the mentally and physically challenged population, ages 13 and up in Altamonte Springs and surrounding communities.

To Join: Participant must meet eligibility and complete an Annual Membership Form.

ACTIVITIES COORDINATOR:

Ranwa Nin El-Khoury

Mail to: 225 Newburyport Avenue

Altamonte Springs, FL 32701

Office: 407-571-8814

Fax: 407-571-8809

Email: Rrel-khoury@altamonte.org

www.AdvisoryBoardforDisabled.org

www.AltamonteSports.org

ACTIVITY LOCATIONS:

Eastmonte Park - Office

830 Magnolia Drive

Altamonte Springs, FL 32701

Westmonte Park

624 Bills Lane

Altamonte Springs, FL 32714

AMF Altamonte Lanes

280 Douglas Avenue

Altamonte Springs, FL 32714

Lake Brantley South Gym

1010 Sand Lake Road

Altamonte Springs, FL 32714

