



CITY OF ALTAMONTE SPRINGS SPECIAL COMMUNITY SERVICES  
**SENIOR ACTIVITIES WINTER-SPRING 2010**  
 SENIOR SERVICES COORDINATOR: FRAN CARROZZA  
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**SENIOR TRIPS**

*All trips depart from the Eastmonte Civic Center located at 830 Magnolia Drive in Altamonte Springs. Trips are filled on a first-pay basis so please register early. Cash, check, Visa or Mastercard are accepted. Register by phone with a credit card or at Westmonte and Eastmonte Parks. For more information please contact: Fran Carrozza at 407-571-8813*

**Phantom of the Opera @ The Bob Carr—January 21**

Andrew Lloyd Weber's play produced by the Broadway Across America touring group. Cost is \$70 and includes Orchestra seating and transportation. Departing at 12:30pm and returning at 5:00pm.

**Seminole Hard Rock Casino, Tampa—February 11**

Join us for a fun day at the Hard Rock Casino. Play Vegas-Style slots, Blackjack and all your favorite table games. Cost is \$25 and includes transportation, \$25 in free play and a \$5 meal voucher. Departing at 8:30am and returning at 5:00pm.

**Strawberry Festival, Plant City—March 11**

The Strawberry Festival is back! Enjoy the various exhibits, entertainment and some of the best strawberries around! The Guy Lombardo Orchestra will be performing for your dancing and listening pleasure along with The Oak Ridge Boys as the

Headline Entertainment. Cost of \$50 includes admission, transportation and The Oak Ridge Boys Concert or a cost of \$35 includes transportation and admission. Lunch is on your own. Departing at 8:00am and returning at 6:30pm.

**Hart Sisters Tea Room, Sanford—April 15**

Treat yourself to a delightful afternoon tea with friends! The Victorian Tea offering includes scones, tea sandwiches and petite desserts along with a fresh salad or soup. Cost is \$45 and includes the Victorian Tea and transportation. Departing at 10am and returning at 4pm.

**St. Augustine Premium Outlets—May 13**

Spend the day shopping where there are stores for everyone including Beall's Outlet, Dress Barn, Coach and many more. Cost is \$25 and includes transportation. Departing at 8:30am and returning at 5pm.

**Spring 2010 Senior Trip**

**4-Night Bahamas Cruise**

**April 26—30, 2010**

Sailing out of Port Canaveral on the Monarch of the Seas with stops in CocoCay and Nassau

**\*\*please call for pricing\*\***

Cost includes transportation, prepaid gratuities and port charges

**Fall 2010 Senior Trip**

**Savannah, Jekyll Island & Beaufort**

**\$449**

**5 Days, 4 Nights**

**Oct 4—8, 2010**

**\$75 deposit due upon signing**

**Spaghetti Dinner Fundraiser**

To benefit

The Advisory Board for the Disabled

**Friday February 26, 2010**

**5:00-8:00pm**

Eastmonte Civic Center

Cost: \$7.50 for adults & \$5.50 for children

**Senior Health Fair**

**FREE:** To all Senior Citizens

**WHERE:** Eastmonte Civic Center

**WHEN:** Wednesday February 17, 2010

**TIME:** 10:00am—1:00pm

\*\*for more information please contact Debbie Harger at 407-571-8735

**Sponsored by:**

**The City of Altamonte Springs Special Community Services and the Advisory Board for the Disabled**

## Winter-Spring Activities

**Senior Bowling:** at the AMF Lanes on Douglas Ave in Altamonte Springs every Tuesday at noon. **Cost is \$6.50per week.** Shoe rental is an additional \$4.00.

**Senior Bocce:** come out for a fun game on Wednesday mornings at 10:00am. Current league play is held on Friday mornings at 9:30am at Westmonte Park in Altamonte Springs.

**Senior Cards:** play your favorite game of cards every Wednesday at the Eastmonte Civic Center from 10:00am to 4:00pm. Cost is \$1 per month.

**Therapeutic Pool:** located at Westmonte Park in Altamonte, it is a completely enclosed heated pool and whirlpool. Classes range from basic to advanced. Registration dates for classes are: Jan 4—8 and April 12—16. For more information, daily pool updates and pool hours please call (407) 571-8735. *\*\*Physician Consent form required*

**Computer Skills Classes:** Basic and Intermediate classes using computers. Monday through Thursday at the Altamonte Springs City Library located on Maitland Ave. from 8:00am—10:00am. Contact Robert McKinness at 407-571-8841 for more information.

### **5K Run-Walk Training**

Have you ever thought about running or walking a 5K road race?

Now is your opportunity to realize that goal!!

The City of Altamonte Springs Senior Services is offering a run-walk training program

**Starting January 19, 2010**

The training will take place on Tuesdays and Thursdays  
From 8:30am—9:30am  
at the Cranes Roost Park

#### **Featured Running Event**



**4/10/2010**

**Eastmonte Park**

**Contact Fran Carrozza at 407-571-8813 for information**

### **Ballroom Dance Classes**

Ballroom dancing is a great way to meet new people plus enjoy the physical, mental and social benefits of this popular activity.

Tentative start date for these 2 hour classes is early June 2010.

If you are interested in participating please call Fran Carrozza at 407-571-8813 or [fcarrozza@altamonte.org](mailto:fcarrozza@altamonte.org)

